

# YSM 4305 : Spirituality

In the world in which cultural flux seems more rapid & sometimes more violent than the human person can tolerate, it is more essential than ever to clarify our sense of the meaning of life. This course will seek a deeper understanding of life's meaning as it is related to the nature of the human person, the world & the living God of the Christian. In doing so, we will focus on the common dimensions of the lived experience of these relationships in light of the great spiritual tradition of the Church. We will deal with the Trinitarian origins of our life in the Spirit, the reality of grace, the virtues & the gifts of the Holy Spirit, freedom, sin, conversion, growth in holiness & prayer.

**Credits** 3

**Course ID**

007079