

PSYC 6105 : Field Problems in Applied Sport and Performance Psychology

This course focuses on addressing common problems faced within the field of Applied Sport and Performance Psychology. Common issues such as group dynamics, performance anxiety and effects of culture will be addressed in regards to individual and team interventions. Students will get hands-on experience skills through designing workshops and other forms of intervention. These hours will be completed under the supervision of a Certified Mental Performance Consultant and will partially fulfill the requirements for the CMPC certification.

Credits 1

Course ID

008998