

MILSC 1131 : Intermediate Physical Fitness

Prerequisite: must be ROTC cadet. Physically demanding. Develops skills through team competition. Land navigation, tactics, assembly/disassembly of weapon, and assembly of one-man rope bridge. Students are also required to attend fitness training five times a week. Participants compete for Ranger Challenge positions. Selected cadets compete against teams from other teams at the annual Ranger Challenge competition.

Credits 1

Course ID

002528