

# CMHC 5342 : Pre/Adolescent Counseling Techniques

This course will prepare counselors to work with pre/adolescents ages 12-21 and develop effective counseling strategies. The course will utilize class discussions, peer group work, lecture, demonstration, videotaped materials, and interactive/experiential activities. Topics explored will include trauma, grief, sexuality, substance abuse and legal and ethical issues in working with minors. In this course, the student should begin to integrate all their previous course learning in preparation for applying that learning for working with adolescents in a variety of settings.

**Credits** 3

**Course ID**

009223

**Requisites**

**CMHC 5342** Prerequisites: **CMHC 5300**, 5305

**Semester Offered**

Offered as needed