

## 2023-2024 Catalog

## Drug and Alcohol Counseling

Associate of Applied Science **Program** Drug/Alcohol Abuse Counseling

There is a tremendous need for drug and alcohol counselors in Texas and nationwide. The Associate of Applied Science in Drug and Alcohol Counseling program at the University of St. Thomas prepares graduates to serve the community as Licensed Chemical Dependency Counselor Interns (LCDC-Interns). These professionals will help to meet the needs of individuals, families, and communities struggling with addiction and addiction-related mental health issues.

The DAAC program is a two-year, fully online program, which prepares students to provide drug and alcohol counseling to individuals, families, and communities. The program provides content knowledge and hands on experience with our partnership sites in an addiction setting.

This is a 60-hour program, with each course representing 3 credit hours. Dual credit opportunities are available for Cybersecurity, Drug and Alcohol Counseling, Electronic Technology, General Business and Networking Technology.

## **Total Credits 60**

| Semester 1 |   |         |
|------------|---|---------|
| ltem #     | Course Title                            | Credits |
| DAAC 1300  | Mental Health, Ethics, and<br>Addiction | 3       |
| DAAC 1305  | Theory and Treatment                    | 3       |
| DAAC 1310  | Individual Counseling Skills            | 3       |
| PSYC 1332  | General Psychology                      | 3       |

| Semester 2 |   |                                      |         |  |  |
|------------|---|--------------------------------------|---------|--|--|
| ltem #     | Course Title                                    |                                      | Credits |  |  |
| DAAC 2315  | Psychopharmacology &<br>Assessment of Addiction | DAAC 2315 Prerequisite:<br>DAAC 1305 | 3       |  |  |
| DAAC 1325  | Group and Family Counseling                     |                                      | 3       |  |  |
| DAAC 1319  | Substance-Related and<br>Addictive Disorders    |                                      | 3       |  |  |
| DAAC 1330  | Documentation and Records                       |                                      | 3       |  |  |

 Item #
 Course Title
 Credits

 PHILC 1301
 Philosophy of Nature and the Human Person
 3

 ACOM 1350
 Basics of Writing
 3

| DAAC 2305 | Advocacy and Social Justice | 3 |
|-----------|-----------------------------|---|
| DAAC 2320 | Crisis Intervention         | 3 |

| Semester 3 |                                 |         |
|------------|---------------------------------|---------|
| ltem #     | Course Title                    | Credits |
| LS 1301    | Foundations of Liberal Learning | 3       |
| DAAC 1315  | Multicultural Counseling        | 3       |
| AMAT 1300  | Foundations of Mathematics I    | 3       |
| DAAC 2310  | Practicum                       | 3       |

| Semester 4 |   |  |         |  |  |
|------------|---|--|---------|--|--|
| ltem #     | Course Title                            |  | Credits |  |  |
| PHILC 2301 | Ethics                                  | PHILC 2301 Prerequisite:<br>PHILC 1301 | 3       |  |  |
| DAAC 1331  | Professional Communicatio<br>Counseling | on in                                  | 3       |  |  |
| ACOM 2305  | Effective Communication                 |  | 3       |  |  |
| DAAC 2325  | Advanced Practicum                      |  | 3       |  |  |